



Kenisha Wise

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Let me inspire you

Speaking Topics

Emotional Healing/Life Transformation

Emotional wellbeing effects all areas of your life. Unchecked emotions produce a life of imprisoning limits. There are practical and spiritual practices to help you attain emotional healing and maintain it to live a life of emotional freedom.

Overcoming Emotional Burnout in Corporate America

Corporate America can be stressful and full of unfulfilling work. A 9-to-5 gig is sometimes necessary for financial stability or until you can fully transition to doing purpose work. It's time to shift your thinking to make a temporary job work for you. Overcome burnout and find joy again.

Spiritual Growth/Developing Faith

Spiritual growth is important in how you maintain everything you have transformed in your life. Faith helps you tread the uncharted territories of your destiny and fulfill God's preordained purpose for your life.

Life Balance

When you experience genuine life balance, you will be more productive, have more joy, peace, and better relationships. Your money will not be funny, and you will live out your purpose.

Self-Care (Mind, Body, and Spirit)

The care you invest in yourself will reap unlimited benefits in the care you invest in others. Overcome weariness and stretching yourself too thin. Learn what self-care truly means and begin to love yourself how God loves you.

Forgiveness

Forgiveness unlocks the doors of an emotional prison. Forgiveness is not always simple or easy. There are steps that prelude the ability to truly forgive a person or yourself. Learn to live a lifestyle of forgiveness; reclaim your power.

Kenisha, the Inspirer

Kenisha is a truth-bearing, motivating inspirer who moves people to elevate their way of thinking and living. She delivers thought provoking messages on a variety of topics that encourages her listeners to get *unstuck*. Kenisha pushes her audience beyond uplifting speeches and shares wisdom with practical steps that motivates them to take action.

Kenisha's mission is to help break down strongholds and limiting barriers by offering solutions that produces results and genuine change in people's lives.

Kenisha does not give cookie-cutter speeches. She seeks the heart of God and delivers a message tailored for each audience (Christian and non-Christian).

The attendees for your event will need to come with an open heart and mind to change their lives for the better.

Short Bio

Kenisha is an emotional healing/life transformation coach with Inspired4Living Coaching, LLC. She loves to inspire people to reach their God potential and live the life God created them to live. She also runs an online Etsy shop, *Wise Inspirational Creations*, selling apparel, tote bags, and various handmade items.

Kenisha is the published author of *Memoirs of the Purged Soul: A Collection of Poems*, *Uprooting Thorns: Scriptural Help and Wisdom for Emotional Healing*, and the latest release *Inspired4Living's Emotional Healing Workbook and Coaching Exercises*. She blogs for *Inspired4Living* and hosts a podcast called *Living Inspired with Kenisha*. She strives to become a diversified writer by publishing works in various genres such as playwrighting, short stories, fiction/non-fiction novels, and faith-based books.